

HOW TO SHOP MASK-FREE

BEFORE YOU GO: Breathe, relax, pray and prepare!

Print out the documents mentioned below from:

<https://www.thehealthyamerican.org/documents>

1. **Call in advance** and say this exact phrase: “What are your accommodations, AS REQUIRED BY LAW, for those who cannot wear a mask?” Do this even if you have entered this business many times in advance. It’s no good to try to take care of this on the spot.
2. **Print out the HEALTH ORDERS** from your state or county. HIGHLIGHT in yellow the EXEMPTIONS. You will hand this to the store clerk for the clerk to read to out loud.
3. **Print out the non-discrimination policy** of the business you will be visiting. Find it on their website. You will hand this to the store clerk for the clerk to read to out loud.
4. **Print out the CIVIL RIGHTS card** from THE HEALTHY AMERICAN (#5 on this page <https://www.thehealthyamerican.org/documents>) Have the clerk read it out loud.
5. **Print out the LEGAL NOTICE TO BUSINESSES** (you need to fill in your state codes for the laws) Get your state laws here: <https://www.thehealthyamerican.org/state-laws>
6. Print out the **LETTER TO THE MANAGER** from the website.
7. **Print out the NOTICE OF DISCRIMINATION** in case you need to use it
8. **KEY POINT: You do not do any of the talking.** If they are wearing a mask, point to it and explain you can’t understand them. Tell them you can’t hear what they are saying. Don’t talk to them until they remove the mask. DON’T TALK TO THE MASK.
9. **KEY POINT: Start handing all the papers (2-5) one by one to the person** and point to them, indicating that **THEY need to read them out loud to you.** This works because it puts THEM in charge, and you are not having any argument or getting upset.
10. Take your time. Be very calm, with a pleasant smile on your face. Relax. Pray for their deliverance from evil. Go in with positive expectations that things will go well. Keep handing them paper after paper until they realize it’s just better to let you enter.

(THIS MAY NOT WORK WITH -- SPROUTS / SMART & FINAL / MENARDS)

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IF THEY REFUSE YOUR ENTRY

1. Start videotaping everything so you have evidence. Calmly state this: “I am warning you that you are in violation of several laws. Your actions are against the law and I am prepared to file charges.” Do not lose your temper or raise your voice or make a fuss.
2. If they block your entry, this is a charge of false imprisonment. It is up to you whether you want to call the Sheriff (not the police – but the County Sheriff). Their crime of false imprisonment is elevated if they block your entry while concealing their identity with a mask. WARNING: This may end up with you being (unlawfully) arrested for trespassing.
3. You can fill out the NOTICE OF DISCRIMINATION (read the “How to Fill Out Incident Report) for more details on the website here: www.thehealthyamerican.org
4. Do not lose your temper. Do not give any reason for them to call the police for disturbing the peace of trespassing.
5. If you feel threatened, intimidated or the other person is disturbing your peace, YOU call the Sheriff for a “disturbing the peace” charge on that person.
6. If law enforcement is called, stay calm. Video tape everything. If you are accused of trespassing, say this phrase: “What is the evidence of the violation?” And “Who are the two witnesses to this charge of trespass?” Keep repeating these questions until you get an answer. (Read more about trespassing in the form LEGAL NOTICE TO BUSINESSES at www.thehealthyamerican.org)
7. If you are asked to leave by law enforcement it’s a good idea to do so. Why do you want to do business with such a place? I would not want to give them my money.
8. You can leave the NOTICE OF DISCRIMINATION with the person who violated your rights. But take a picture so you have a record to file a complaint.
9. File these complaints by following the steps on the website here (#12):
<https://www.thehealthyamerican.org/documents>
10. Don’t give up! Keep after the business until they “make it right” in your eyes. That may or may not include filing criminal charges against the manager or seeking legal help in filing a lawsuit. OPTION: Send a pre-trial sample LAWSUIT to get their attention. View materials here at www.thehealthyamerican.org/documents